



COOLinary
Exchange

INFOPACK

What about COOLinary?

COOLinary Youth Exchange is a project that aims to stimulate intercultural dialogue among young people from Spain and Romania, using food as a pillar of experiencing both cultures. It is a project devoted to culinary heritage and awareness on sustainable food production and consumption.



It will bring together 20 young Spanish and Romanians in picturesque landscape of southern Spain (Murcia). Participants, aged 16-30, will be sharing their culinary traditions and exploring local laws of food making.



Project has been developed by two associations: Curba de Cultura (RO) and Asociation Prorise (ES). Support with hosting the exchange in Spain (end of May, beginning of June) will also be provided by Xeracion Valencia (ES).

Why this project?

The idea for the project came from both partners observing similar social facts regarding food:



erosion of culinary cultural heritages of both countries



growing dependence on fast food & obesity



lack of consciousness on sustainable, local consumption.

Therefore, the main **objectives** of the project are:

- * Strengthening the dialogue and transfer of knowledge among cultures and generations, based on food as cultural pillar
- * Enforcing creativity, active citizenship and entrepreneurship of young people
- * Raising awareness on interculturality, particularly related to food traditions, healthy diet, sustainability
- * Promoting traditional, healthy and sustainable consumption

What is the experience about?

Through diverse activities participants will

- * develop their cooking skills
- * develop their moviemaking skills
- * improve communication in English
- * learn and practice methods of nonformal learning (icebreakers, energizers, public cafe, living library, etc.)
- * explore cultural heritage and background on the topic of food
 - * learn how and why to preserve culinary heritage
- * try themselves as leaders and active participants in activities
 - * make international connections and meet new friends



Main activities:

- * Culinary workshops in local places (winery, oil-mill, restaurants)
- * Video-making sessions (preparing video on foodmaking and traditions)
 - * Organising a community event
- * Cultural exchange events (presentations, intercultural evenings)

Who can participate?

The call for participants is open for Young people from Romania and Spain



between 16-30 years old



with basic English communication skills



interested in the topic of culinary arts and culture

Besides their expressed motivation, the decisive factors for selection of the participants will also be their geographical origin (for Romanians the ones coming from the zone of Teleajen valley) and the criteria of ensuring gender balance inside each national group.





Contacts

Kristina Piškur: kristina@curbadecultura.ro,
Ion Lera: ionlera@xeracionvalencia.org.

If you want to find out more about the organisations visit our
web pages or find us on Facebook.

Curba de Cultura: <http://www.curbadecultura.ro>

Asociation Prorise: <http://www.asociacionprorise.com>

Xeracion Valencia: www.xeracion.org